



INSTITUTE FOR
INTERNATIONAL
MEDICINE

2024 Learn and Serve Conference

Hosted by the Institute for International Medicine and Clinica Esperanza

October 26 – 28, 2024



The Institute for International Medicine is accredited by the Missouri State Medical Association to provide continuing medical education for physicians.

Conference Sessions

Course: "Suturing and Joint Injections"

Faculty: Mark Wardle, DO, MIH, FAAFP
Tracks & Special Programs Department Chair
Associate Professor of Primary Care
Director of Global Medicine & Medical Spanish
Rocky Vista University
College of Osteopathic Medicine

Duration: 90 minutes

Explanation: This hands-on skill-based session is targeted for healthcare providers in low-resource areas. It is designed to provide learners a review of indications for and best practices in the skills of suturing and joint injections with hands-on skill practice using various models. It will cover basic suturing techniques and common medium and large joint injections.

Course: "Casting and Splinting"

Faculty: Ben Wilde, DO, FAAFP
Chair, Department of Clinical Sciences
Associate Professor of Family Medicine & OMT
Rocky Vista University
Montana College of Osteopathic Medicine

Duration: 90 minutes

Explanation: This hands-on session enhances healthcare providers' proficiency in casting and splinting. Participants will learn essential techniques, including basic principles, common fracture management, and specialized methods. Through practice with diverse materials and models, attendees will gain confidence in managing orthopedic conditions across various clinical settings.

Course: "Introduction to Point of Care Ultrasound"

Faculty: Dale Agner, MD
Volunteer Medical Director
Open Door Mission Free Clinic

Duration: 90 minutes

Explanation: Quality medical care in low-resource settings is often hampered by lack of objective clinical information. ultrasonography is a useful technology in such settings, providing vital data to support patient care decision-making. This course enhances performance and interpretation for Extended Focused Assessment with Sonography for Trauma(eFAST) with routine outpatient care application(s) for urinary and abdominal complaints.

Course: "Introduction to Osteopathic Manipulative Treatment for Low Back Pain and Headaches"

Faculty: Ben Wilde, DO, FAAFP
Chair, Department of Clinical Sciences
Associate Professor of Family Medicine & OMT
Rocky Vista University
Montana College of Osteopathic Medicine

Duration: 120 minutes

Explanation: This course is designed for healthcare providers seeking to develop foundational skills in osteopathic manipulative treatment (OMT) for low back pain and headaches. Participants will learn to diagnose somatic dysfunction, understand the indications and contraindications for OMT, and practice several safe and effective OMT techniques.

Course: "The Power of Connections"

Faculty: Todd Franks
Vice President of Operations
Director of International Programs
Institute for International Medicine

Duration: 60 minutes

Explanation: Though we have the technology to facilitate more human-to-human connections than at any time in history, many people lack true human relationships. This course explains the importance and benefits of relationships in and out of the workplace while providing practical advice for establishing and maintaining those relationships.

Course: "Peace in the Storm: Preventing Compassion Fatigue"

Faculty: Todd Franks
Vice President of Operations
Director of International Programs
Institute for International Medicine

Duration: 60 minutes

Explanation: This course provides theoretical and practical principles related to preventing compassion fatigue among healthcare professionals using empirical evidence and real-life examples. Participants will be encouraged to continue to serve their patients with excellence even in the face of mounting pressures and difficulties.