



INSTITUTE FOR  
INTERNATIONAL  
MEDICINE

## INMED International Service-Learning Program Policy To Help Learners Overcome International Rotation Challenges

It is the goal of INMED to provide each participant with a high-quality learning experience. INMED diligently works with our partners to assure that the service-learning experience is arranged with detailed attention to safety, quality, and provision of a learning atmosphere. As with any international opportunity, there is the possibility that the experience will not measure up to the participant's expectations. Participants may come to this conclusion for any number of reasons. Some may be suffering from culture shock while others may be experiencing frustration in their ability to communicate with their preceptor or other personnel at their training site. If you are experiencing frustration while participating in your international rotation, INMED asks that you take action in the following manner:

1. Evaluate your expectations and actions. Do you have a “romanticized” view of what an international rotation would be like? Have you given adequate thought about what it is like to experience living in a developing country away from friends and family for an extended period of time? Are you currently suffering from culture shock?
2. If you conclude that you have reasonable expectations for your rotation and still are experiencing frustration, please follow the following steps until the issue is resolved:

