

# ***Essential Newborn Care*** **1**

***Immediate Care and Helping Babies Breathe at Birth***

*Flipchart*



**World Health  
Organization**

*With your skills*

# ***You make the difference***



# This is what you will learn

- Welcome mother and assess
- Prepare for birth

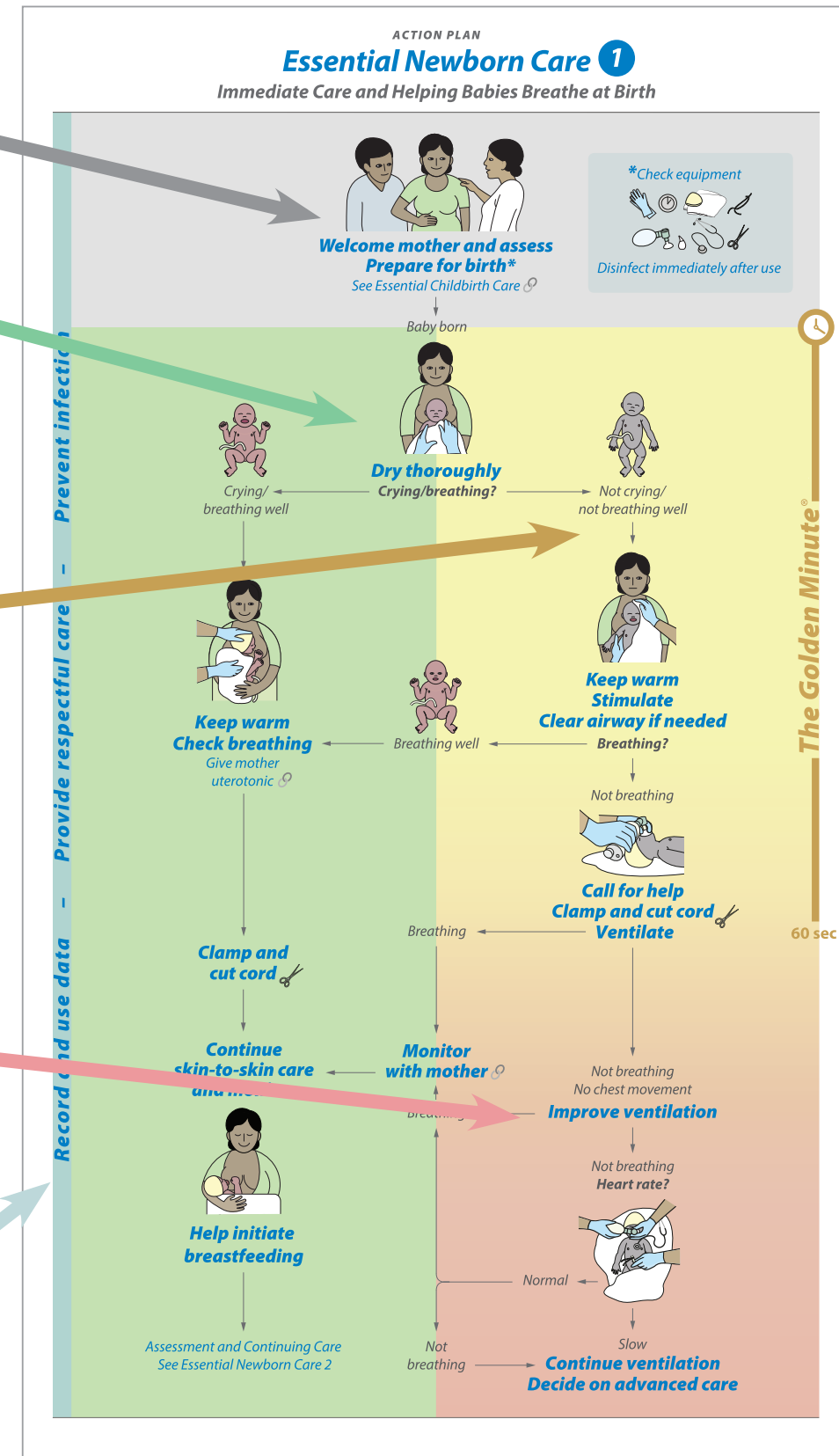
- Dry thoroughly
- Assess crying/breathing
- Keep warm
- Check breathing
- Clamp and cut cord
- Continue skin-to-skin care and monitor
- Help initiate breastfeeding

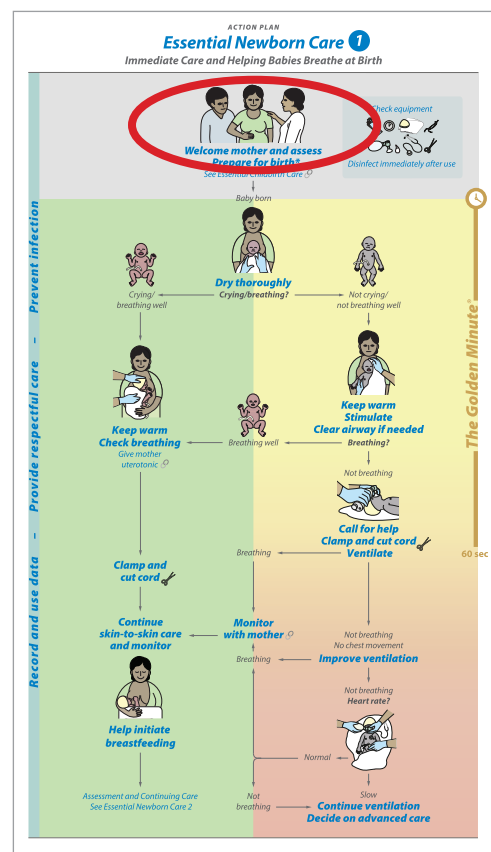
## Help a baby breathe within The Golden Minute:

- Keep warm
- Stimulate
- Clear airway if needed
- Assess breathing
- Call for help
- Clamp and cut cord
- Ventilate

- Improve ventilation
- Assess heart rate
- Continue ventilation
- Decide on advanced care
- Monitor with mother

- Prevent infection
- Provide respectful care
- Record and use data

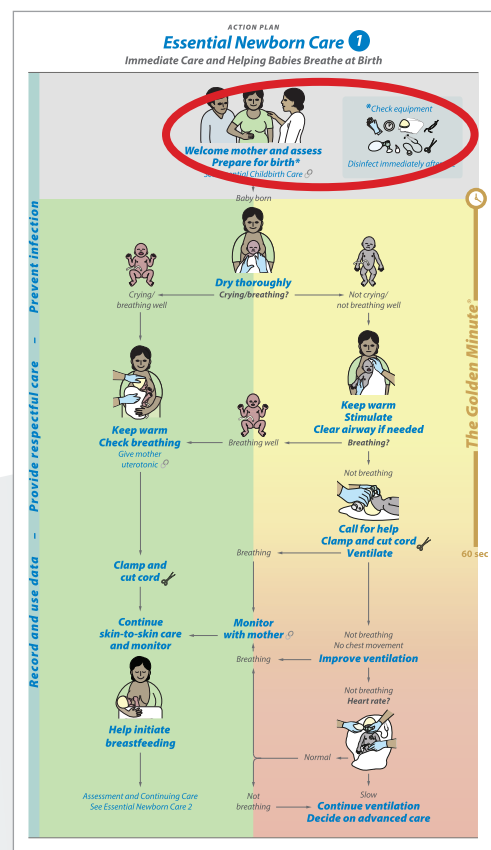




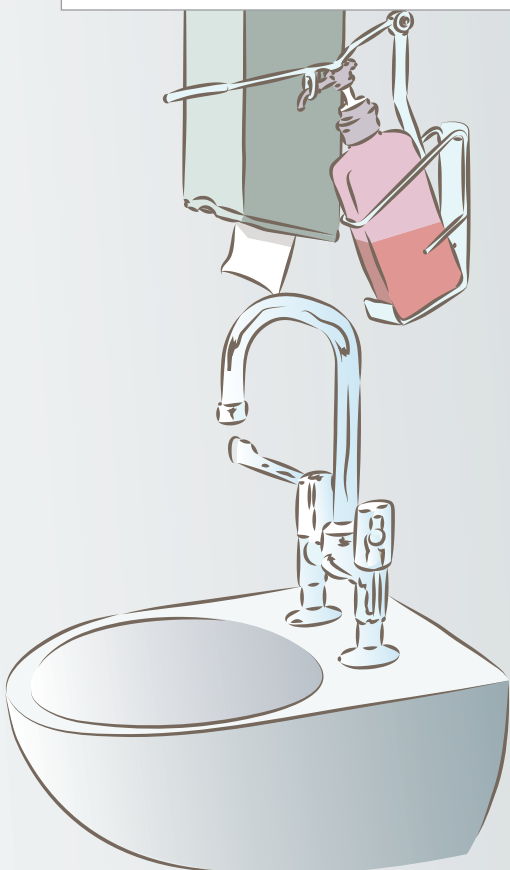
# Welcome mother and assess factors that affect newborn care

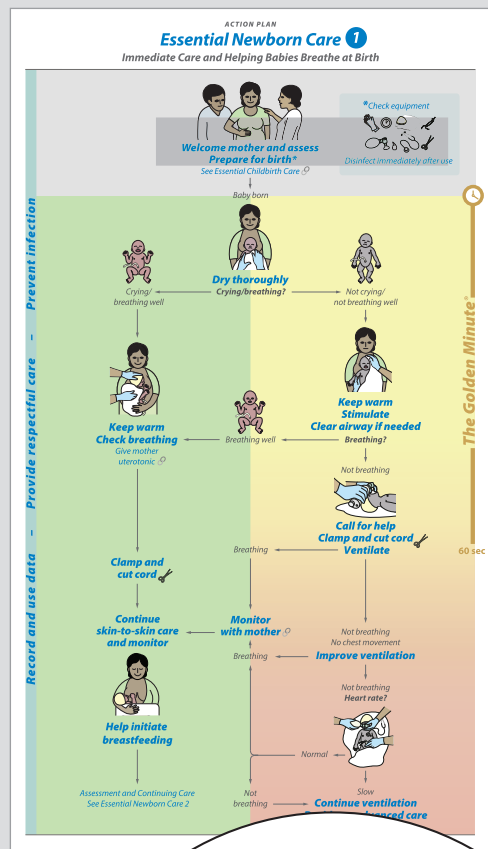






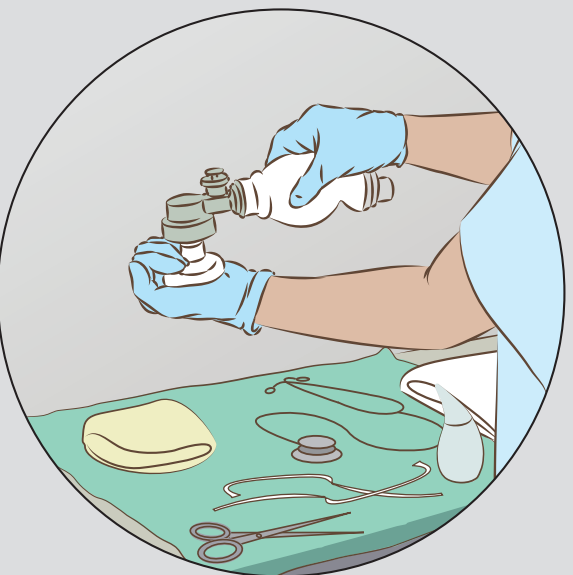
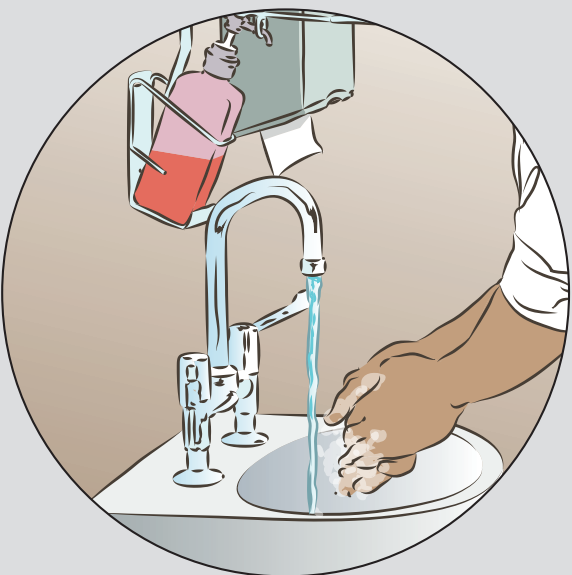
# Before a baby is born Prepare for birth

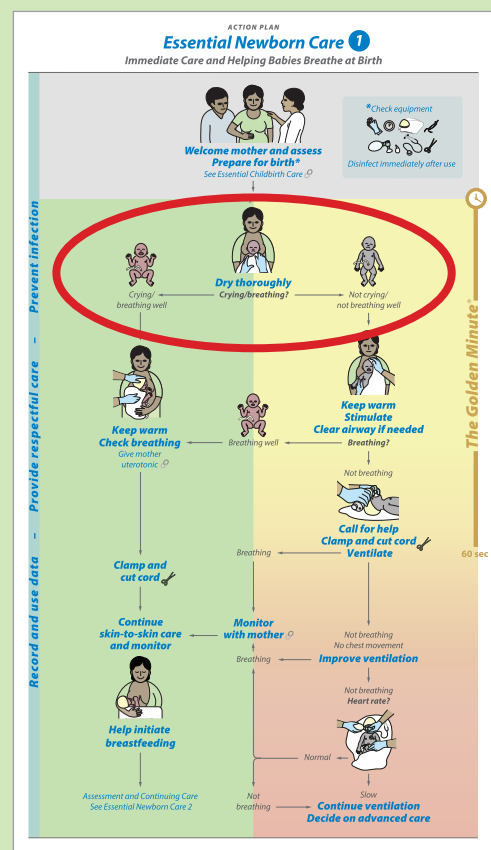




# GROUP PRACTICE - CASE 1

## Preparation for a birth

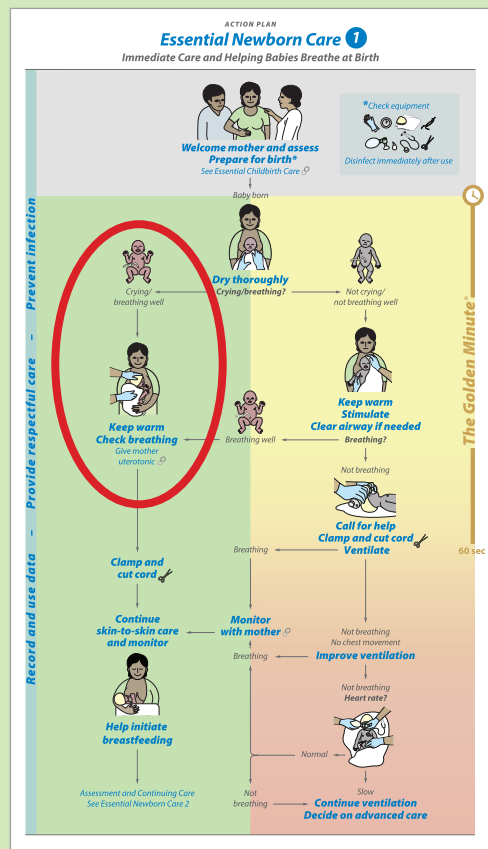




After drying

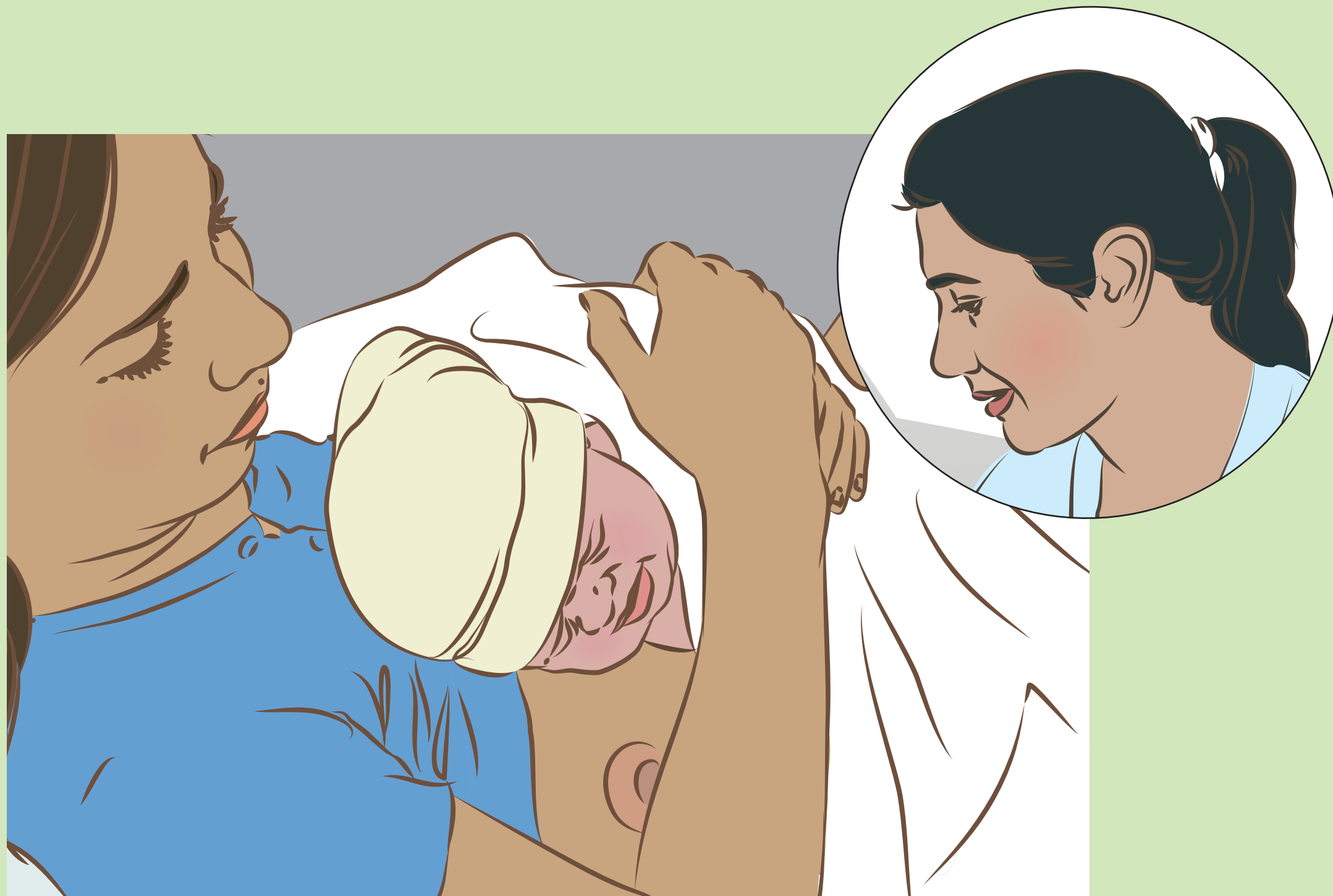
**Is the baby crying/  
breathing well?**

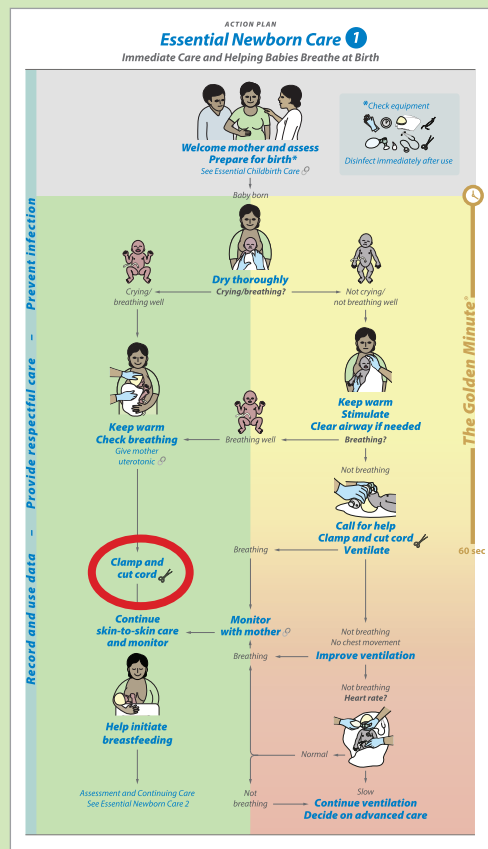




If the baby is crying/breathing well

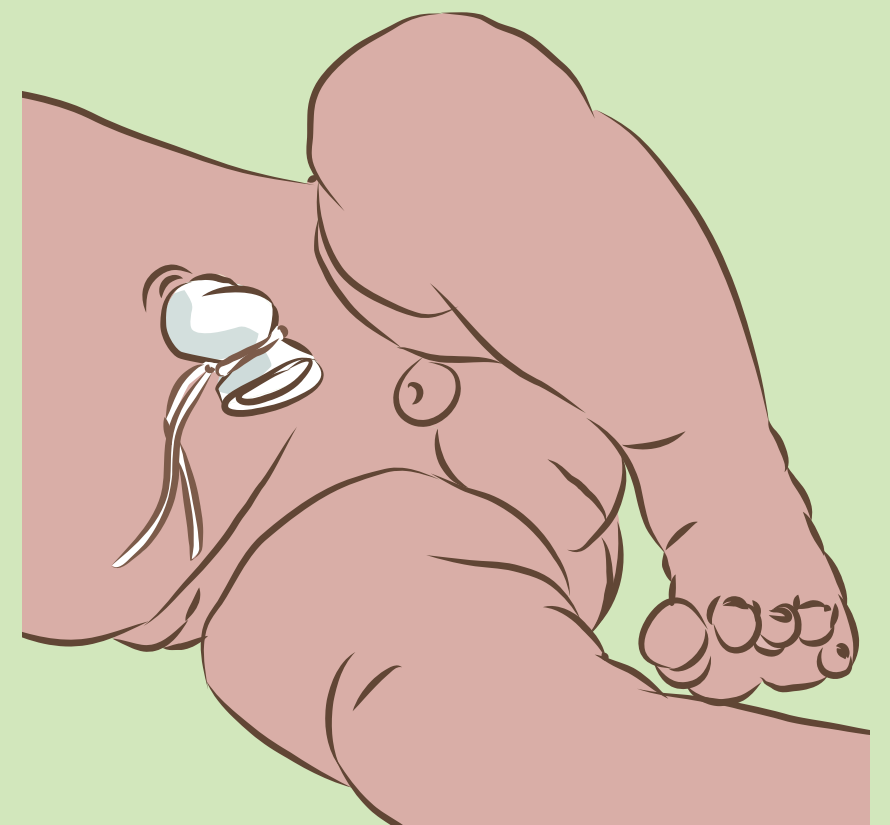
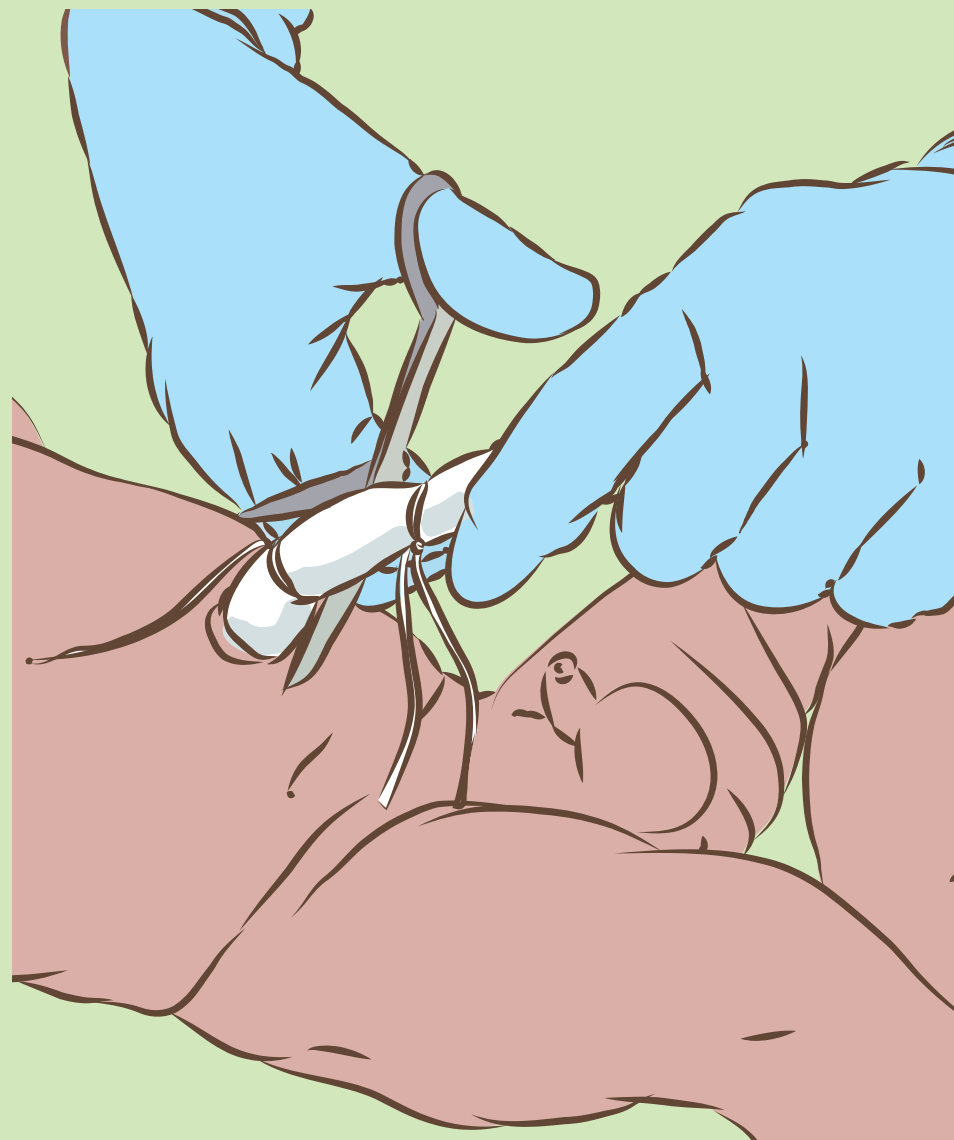
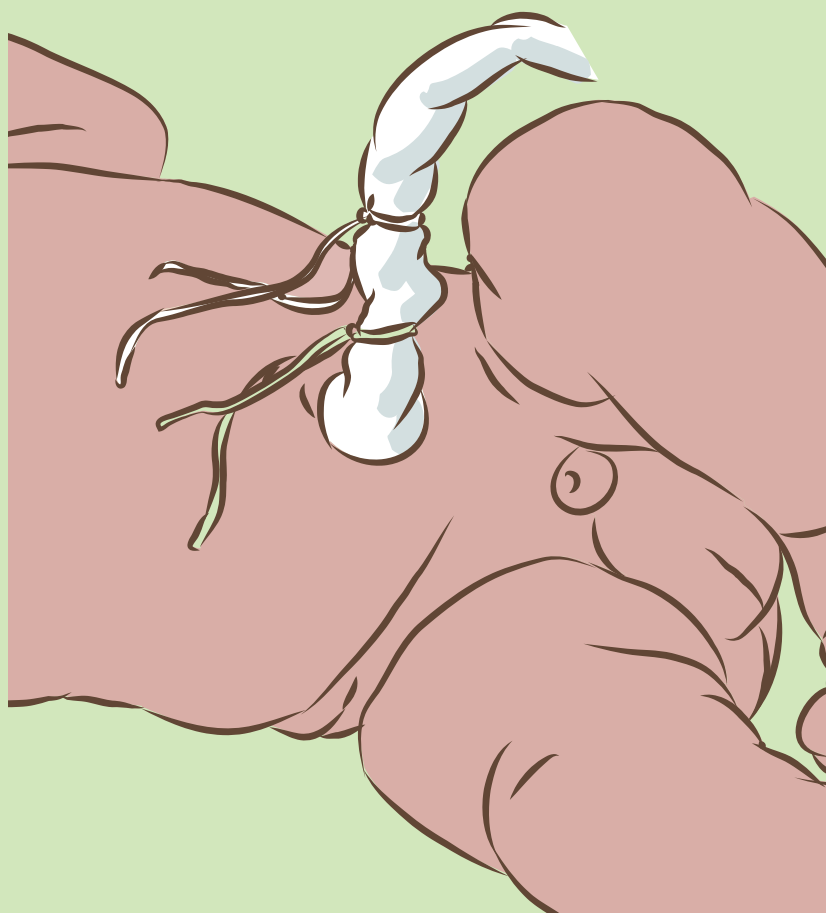
# Keep warm, check breathing



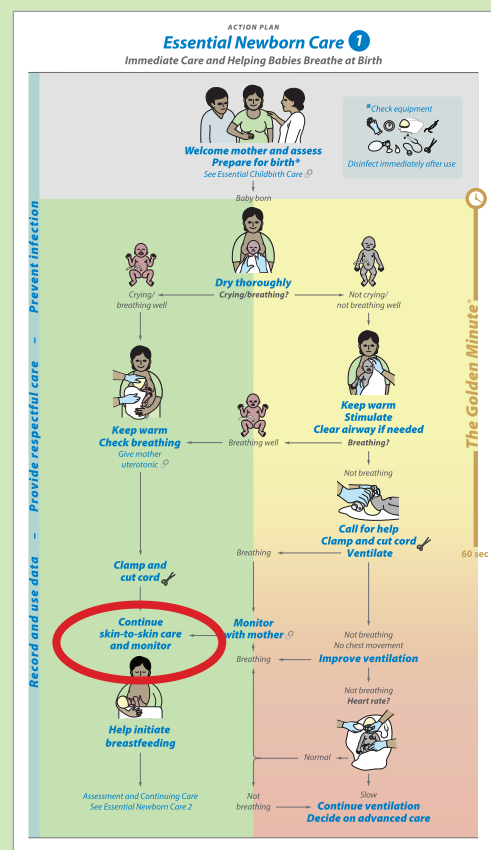


After 1-3 minutes

# Clamp or tie and cut the umbilical cord





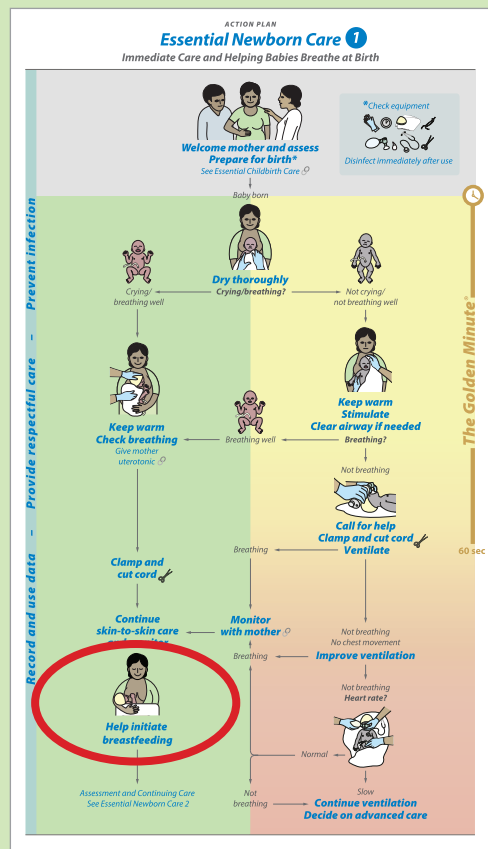


# During the first hour after birth

## Continue skin-to-skin care and monitor

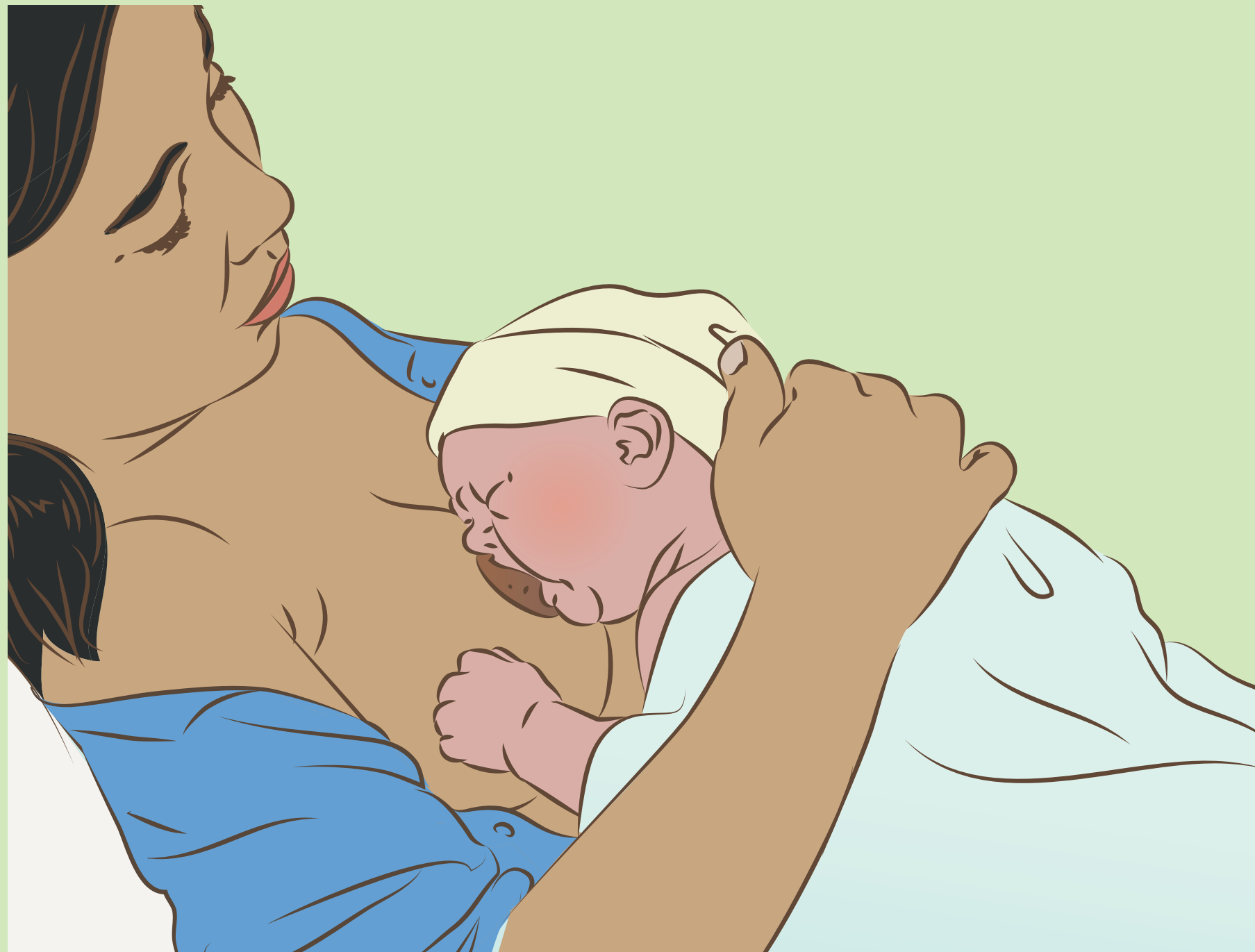


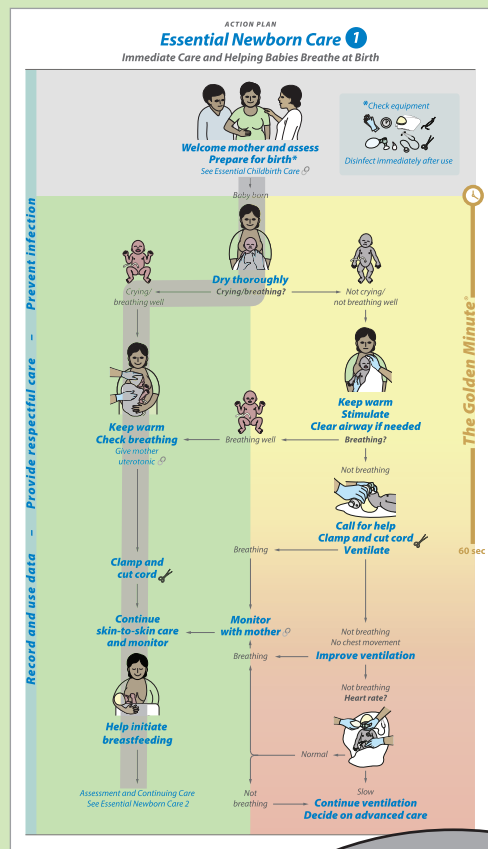




# In the first hour after birth

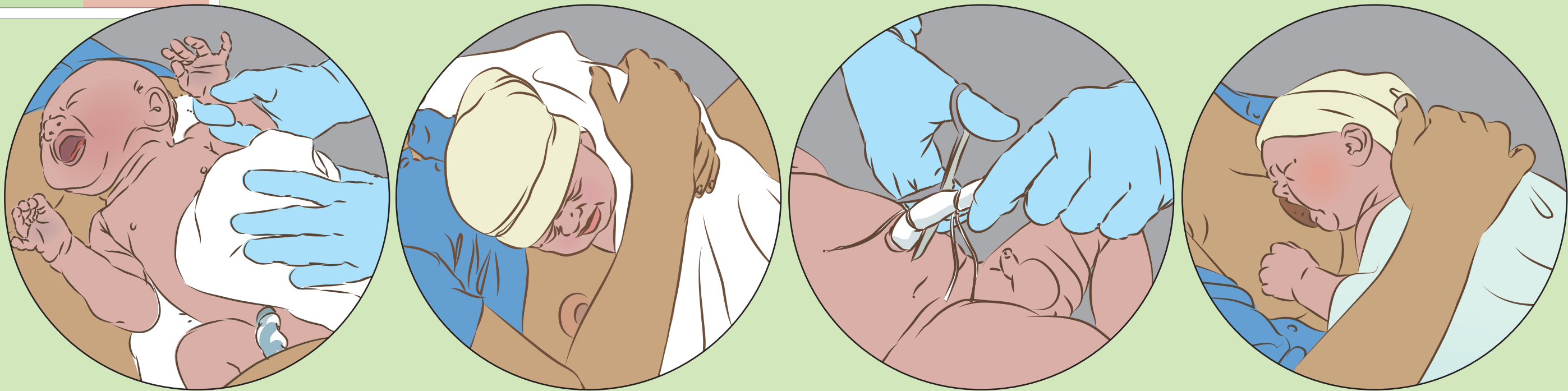
## Help initiate breastfeeding

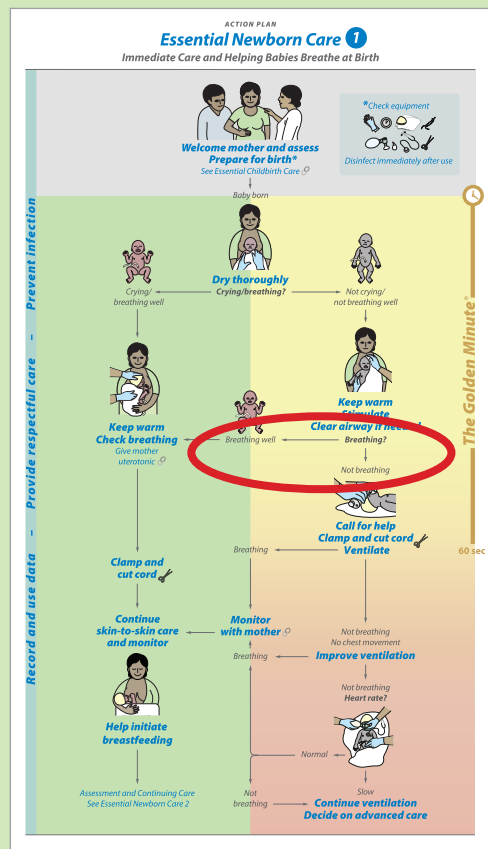




# GROUP PRACTICE - CASE 2

## Routine care

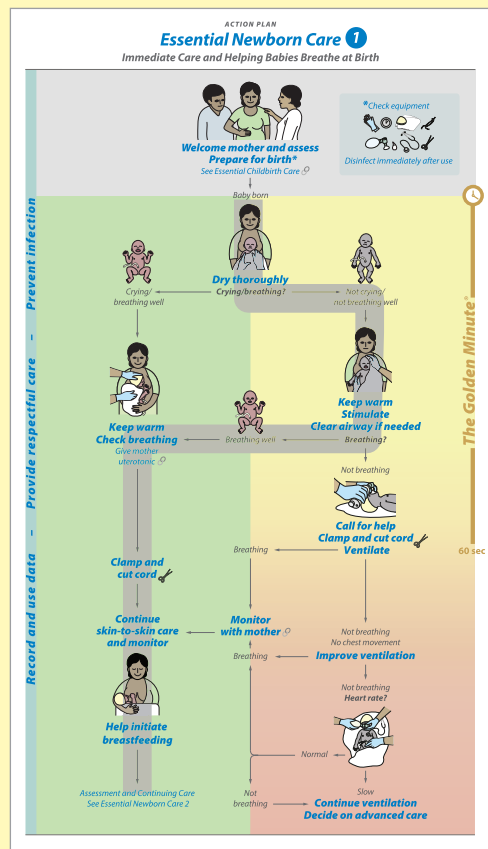




# After stimulation

## Is the baby breathing well?

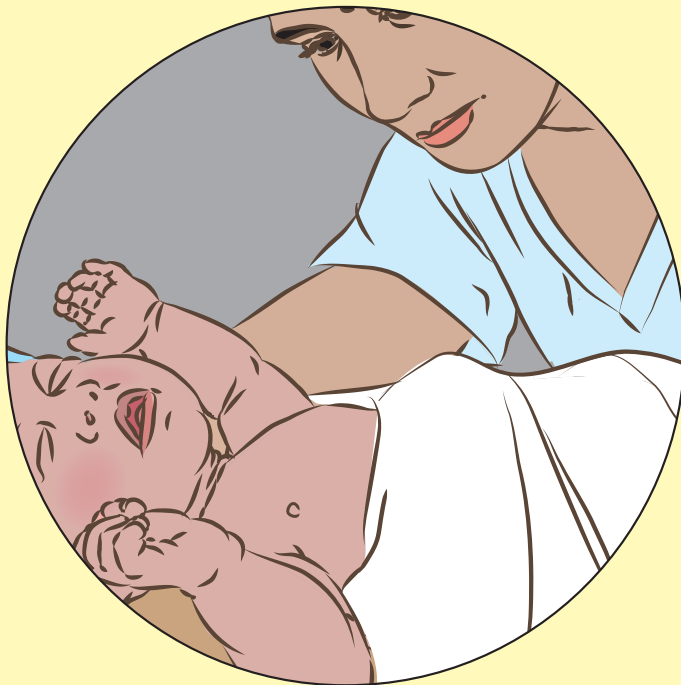
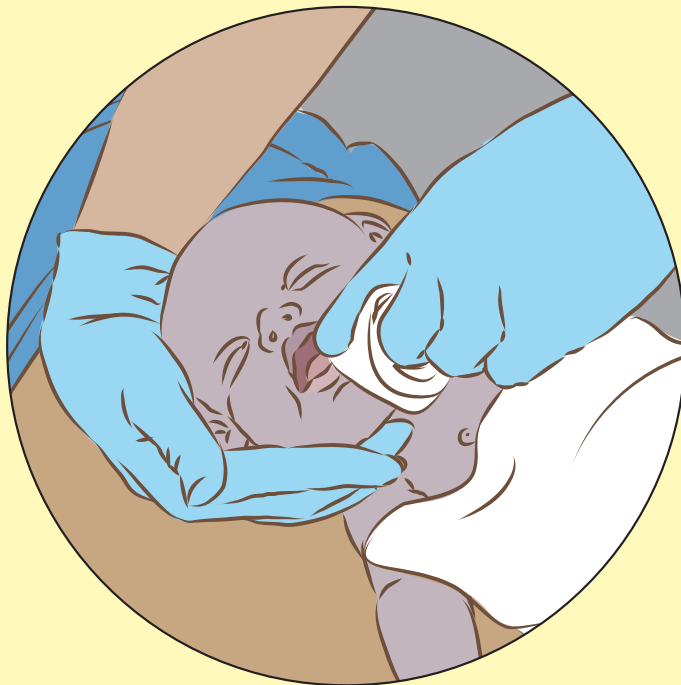
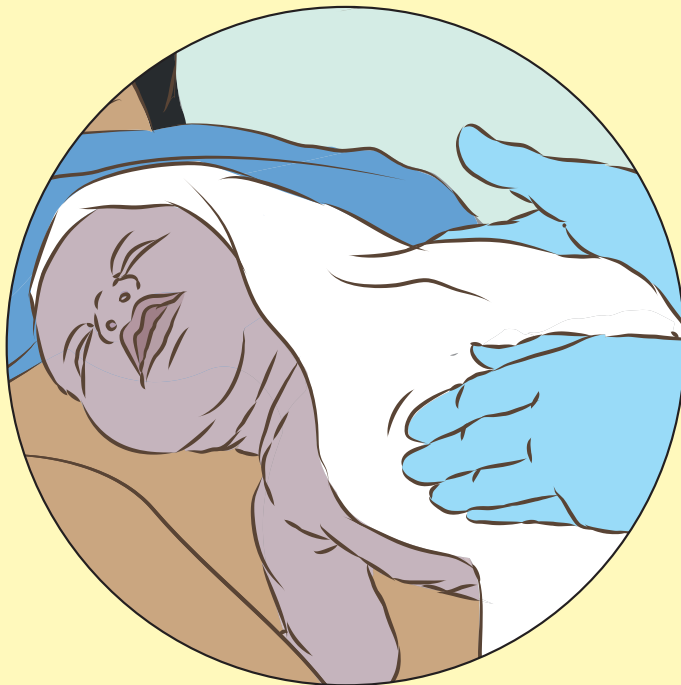
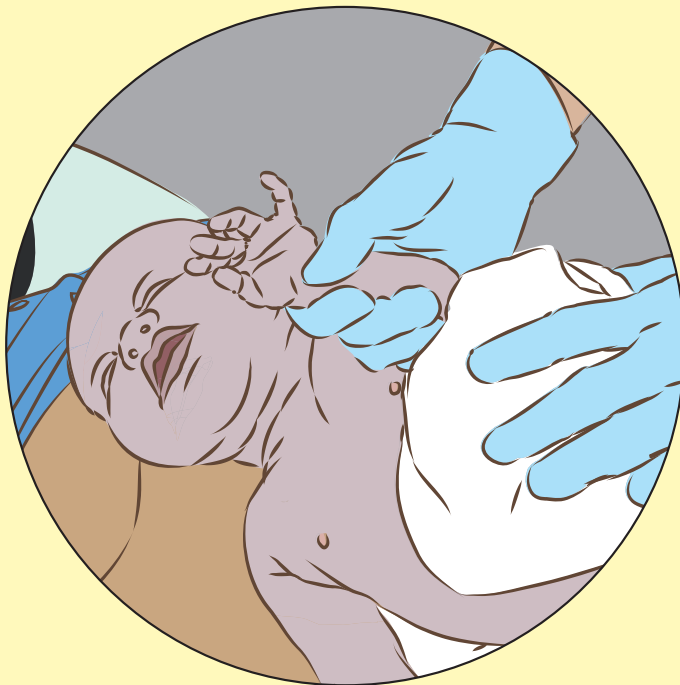




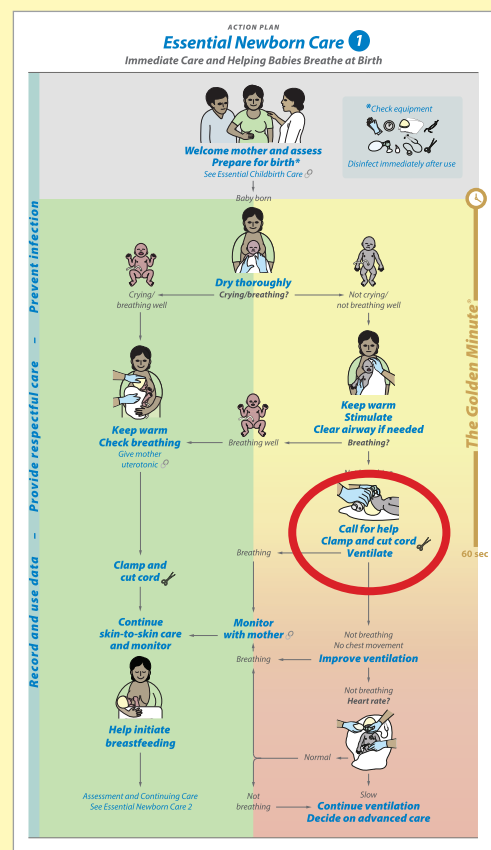
# GROUP PRACTICE - CASE 3

## The Golden Minute®

Keep warm, stimulate breathing and clear the airway if needed



60 sec

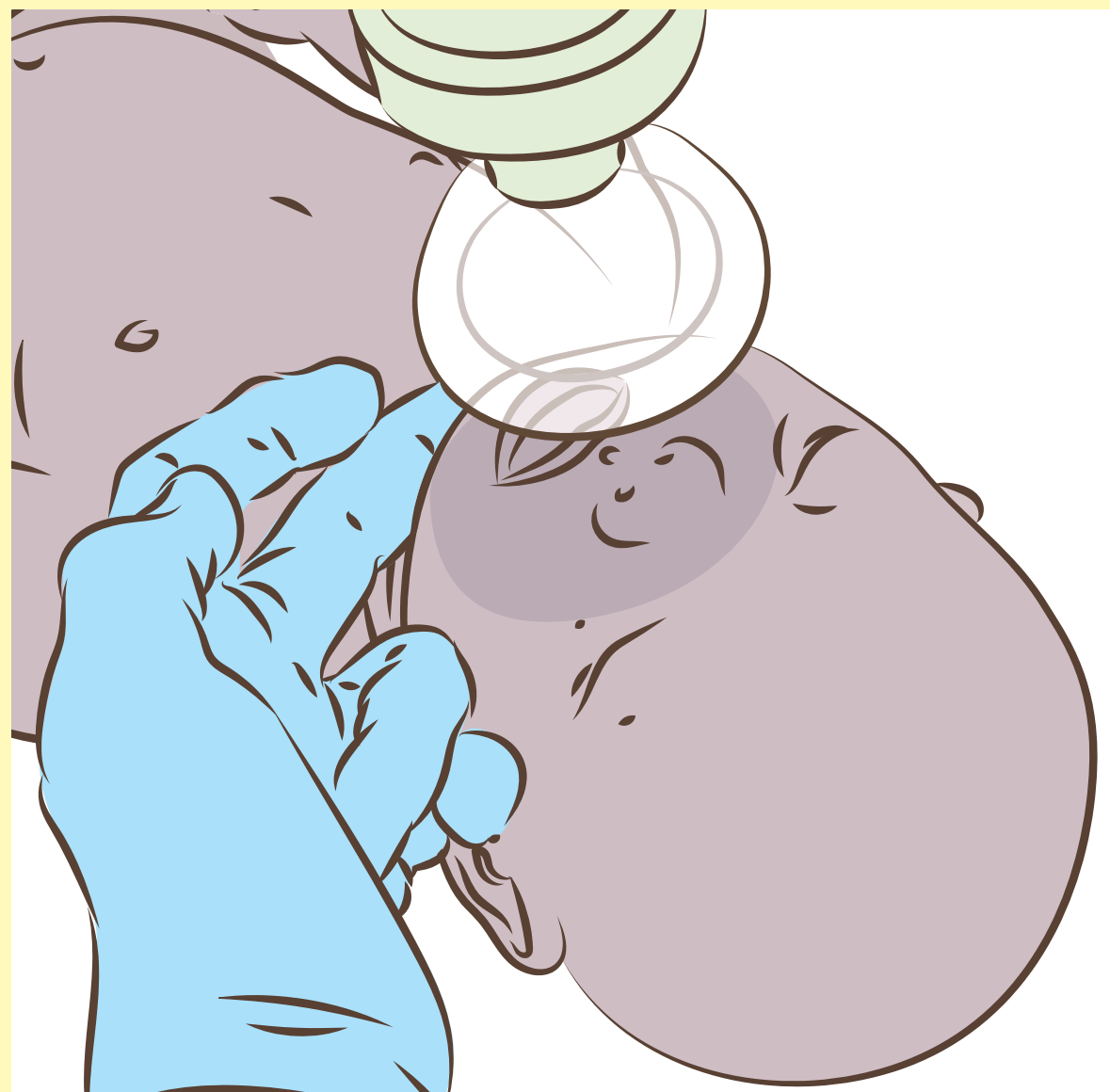


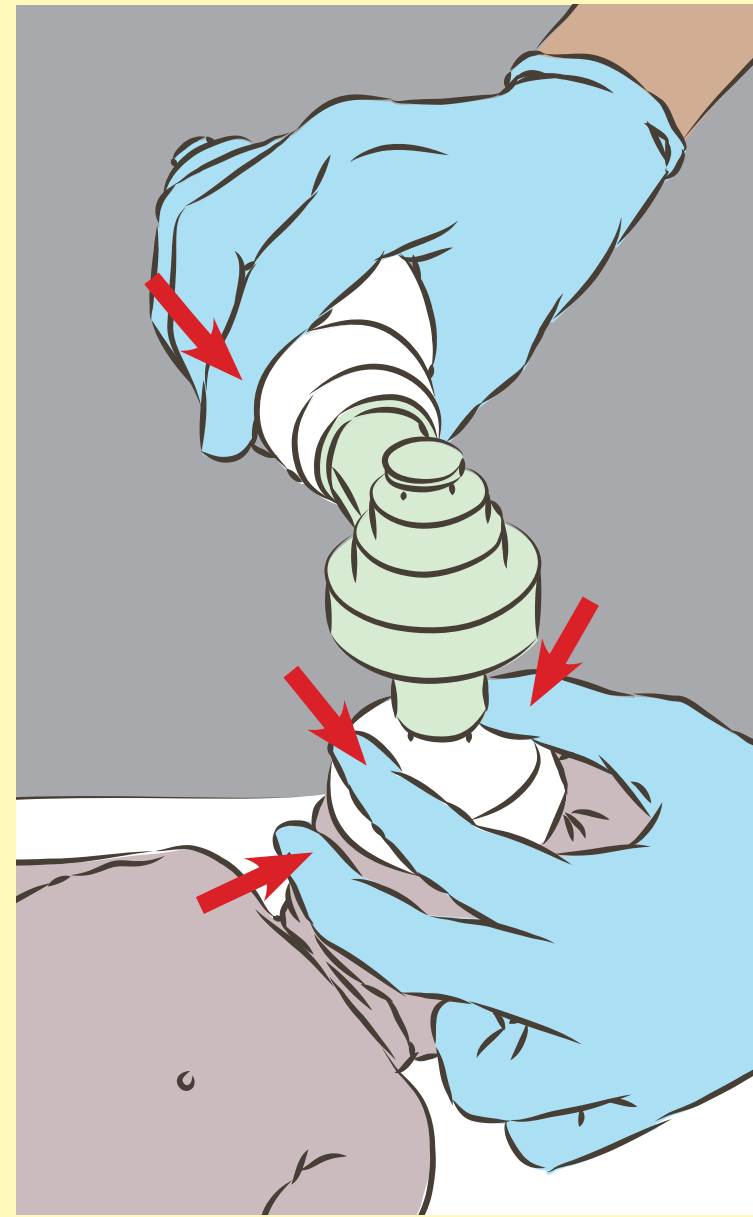
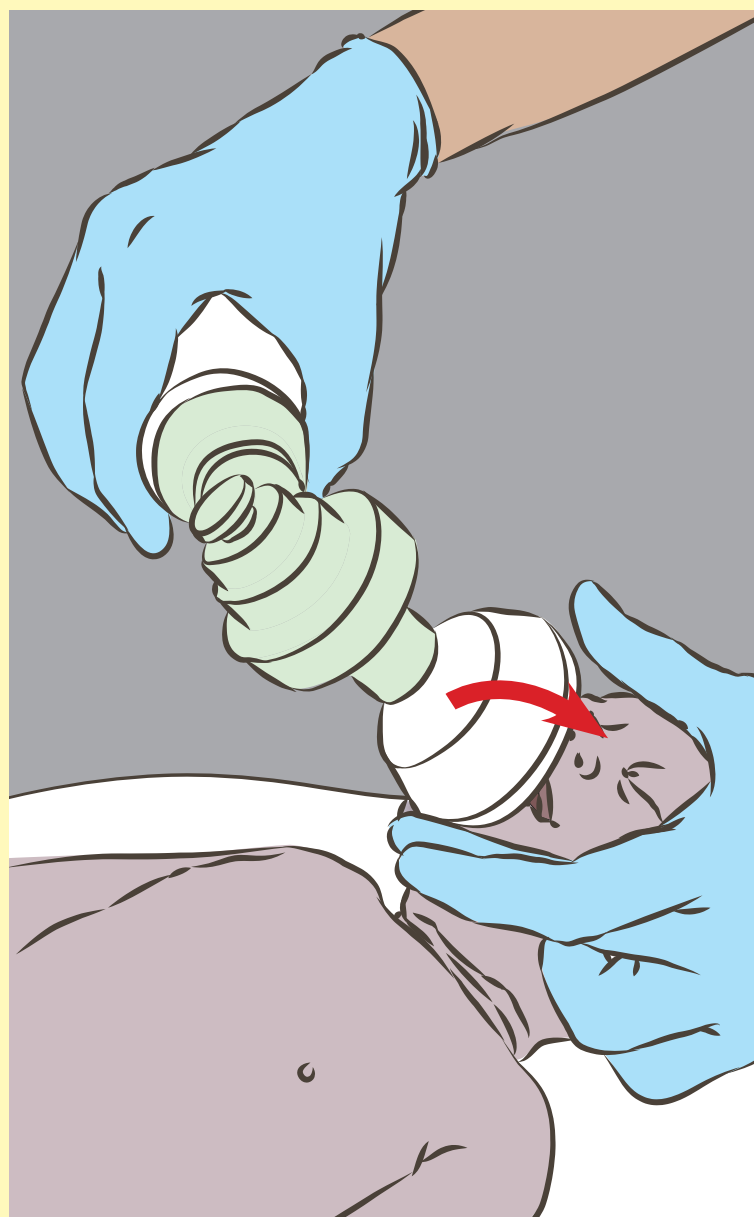
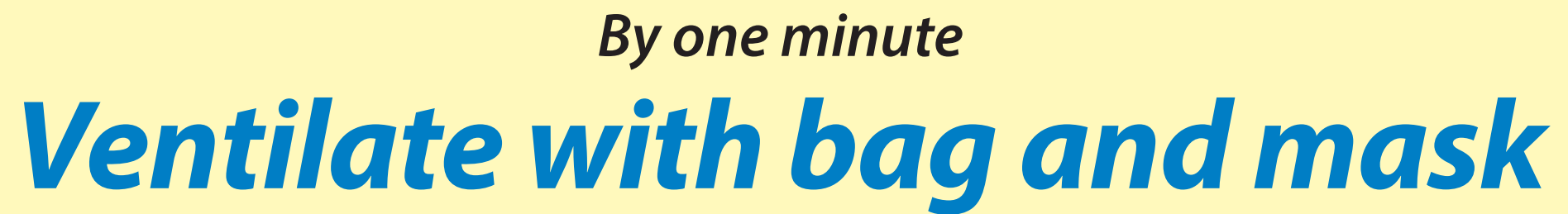
If the baby is not breathing well

**Call for help**

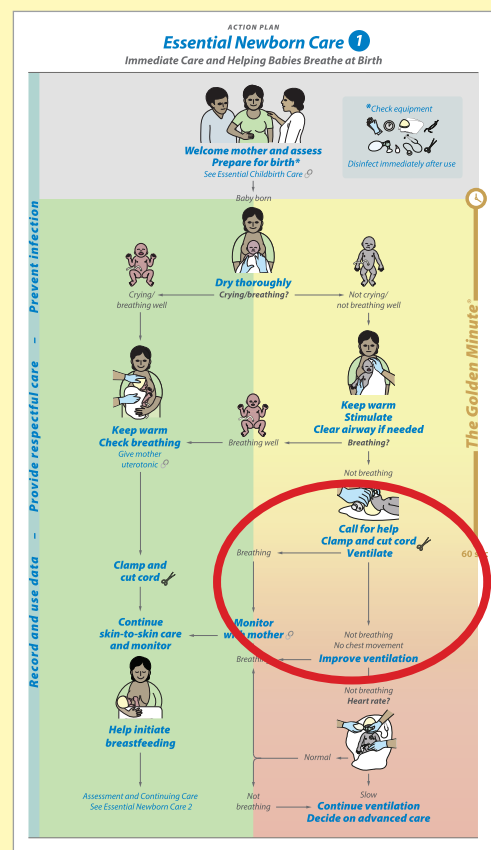
**Clamp and cut cord**

**Ventilate**



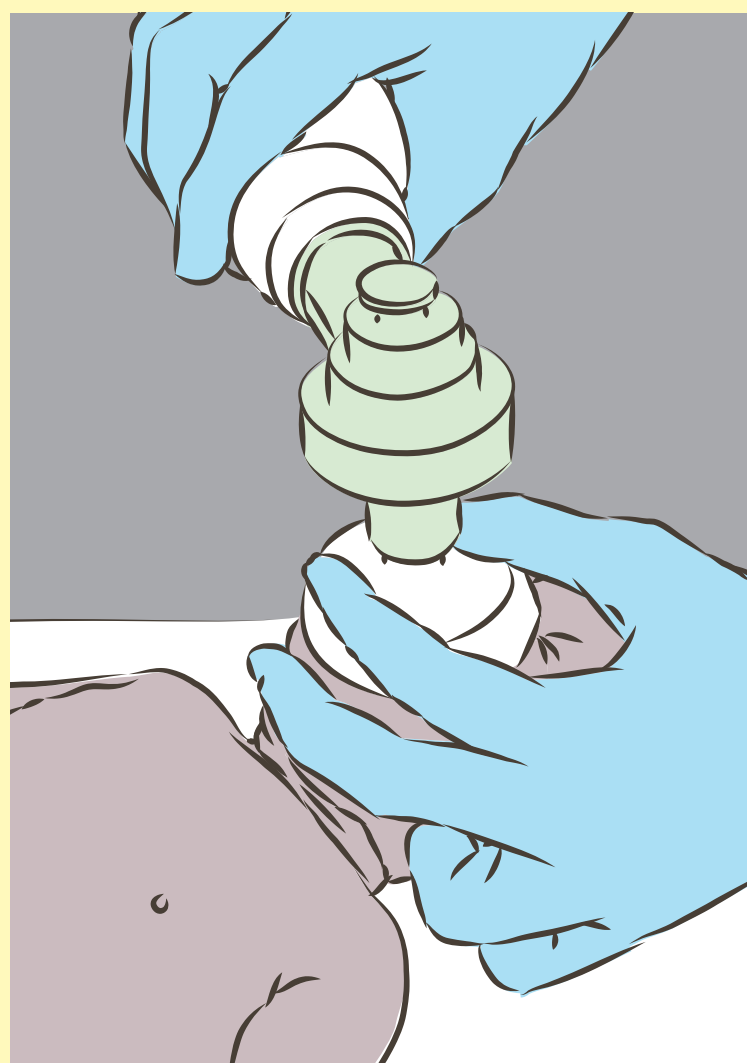


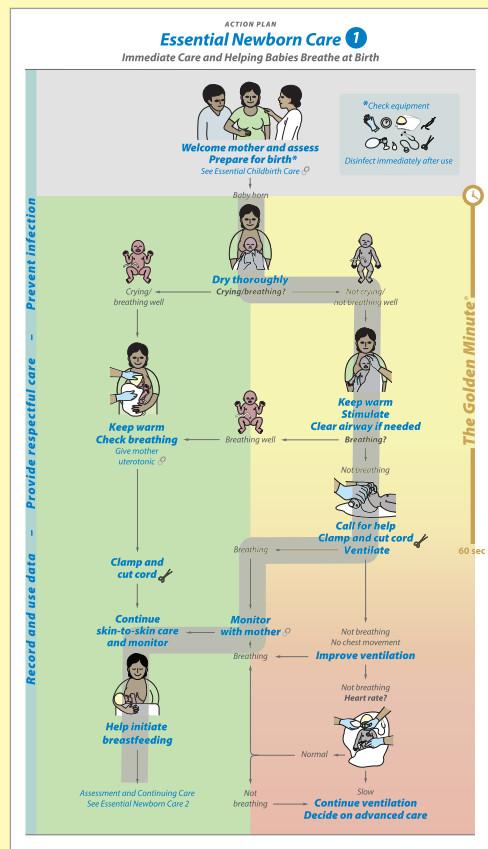




During ventilation

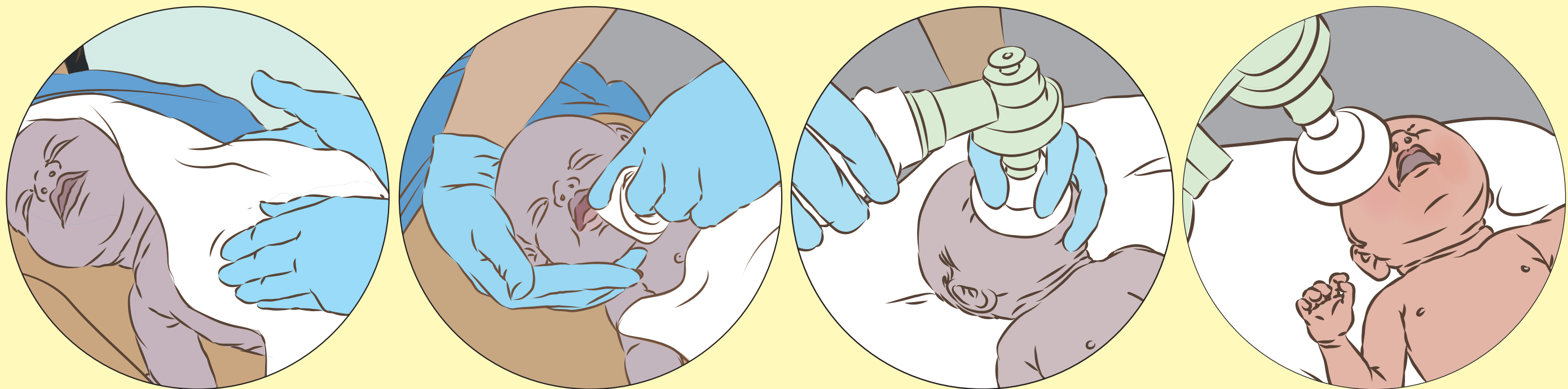
**Is the chest moving or  
is the baby breathing well?**



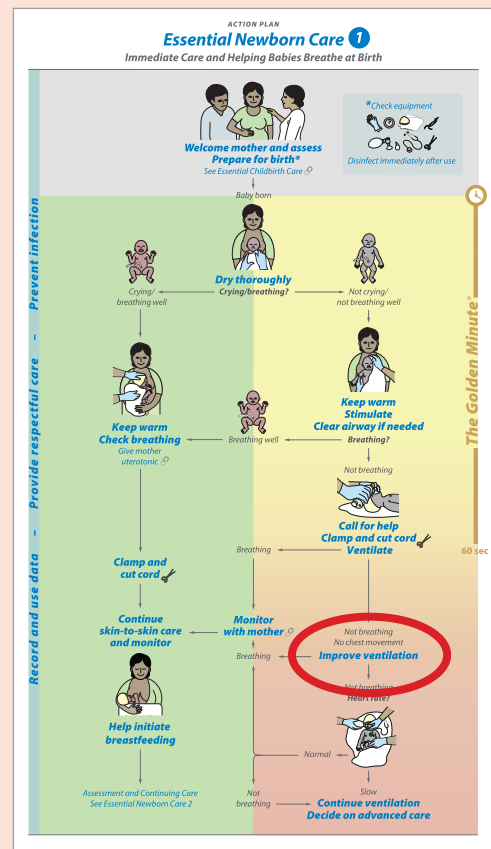


# GROUP PRACTICE - CASE 4

## The Golden Minute® - ventilation

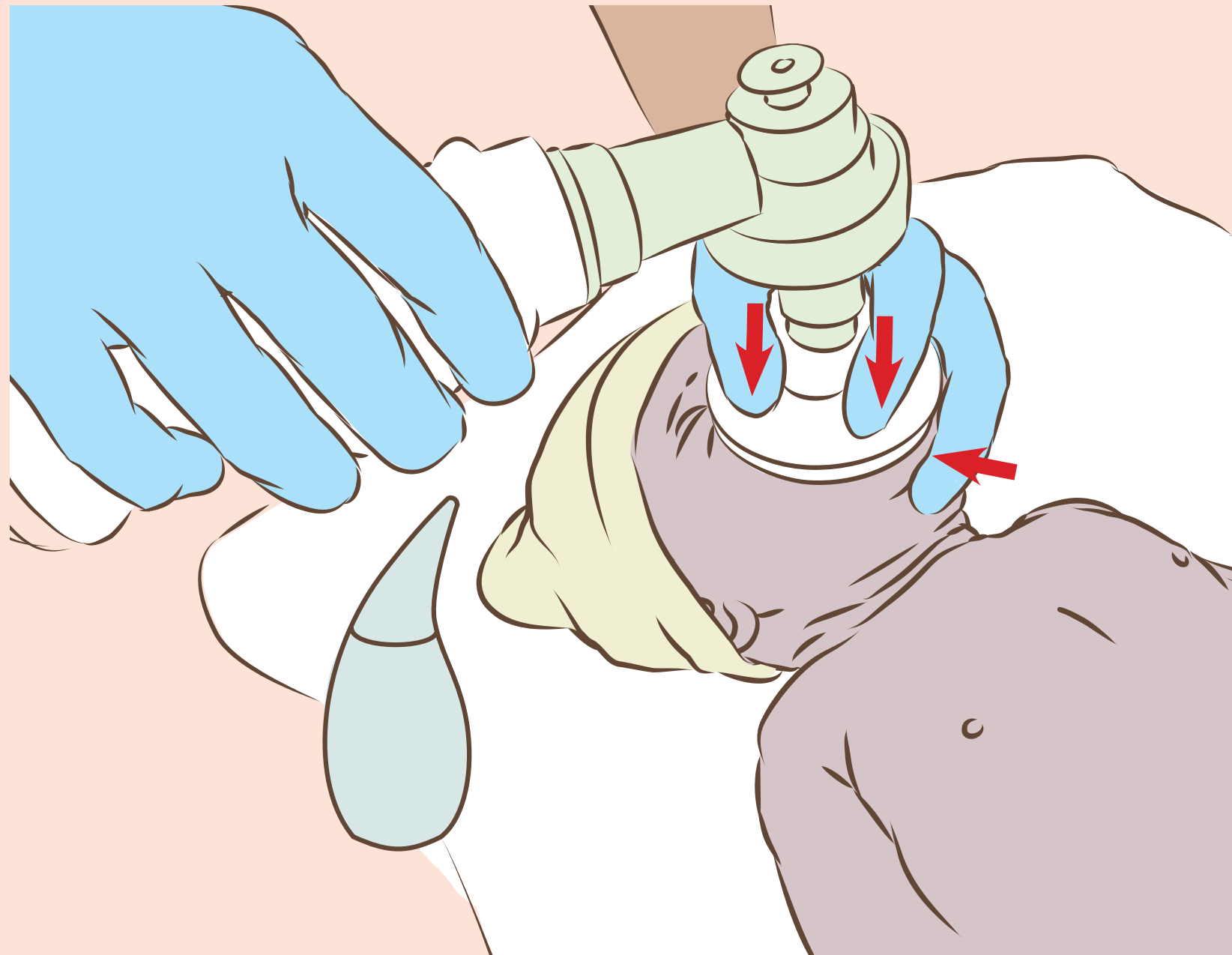


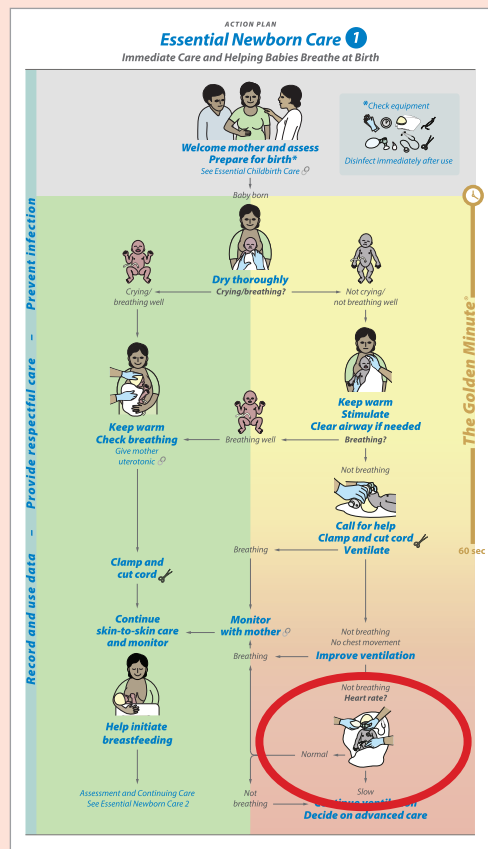
60 sec



If the baby is not breathing/no chest movement

# Improve ventilation

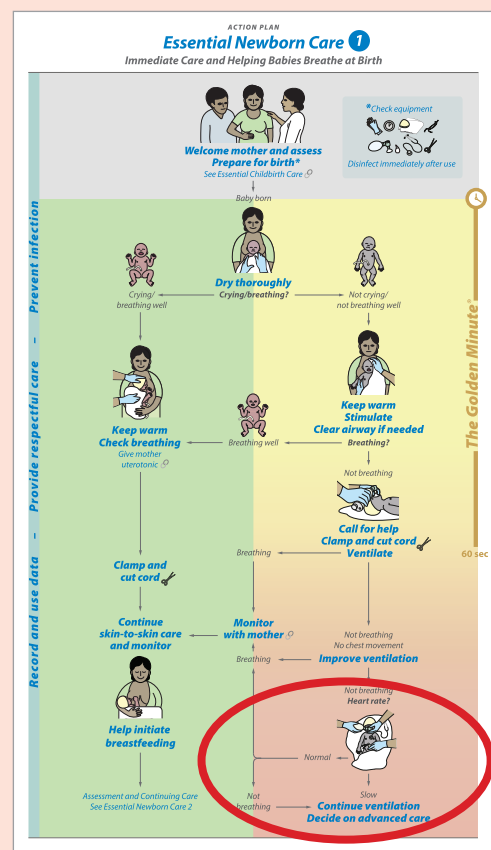




If the baby is not breathing after improved ventilation

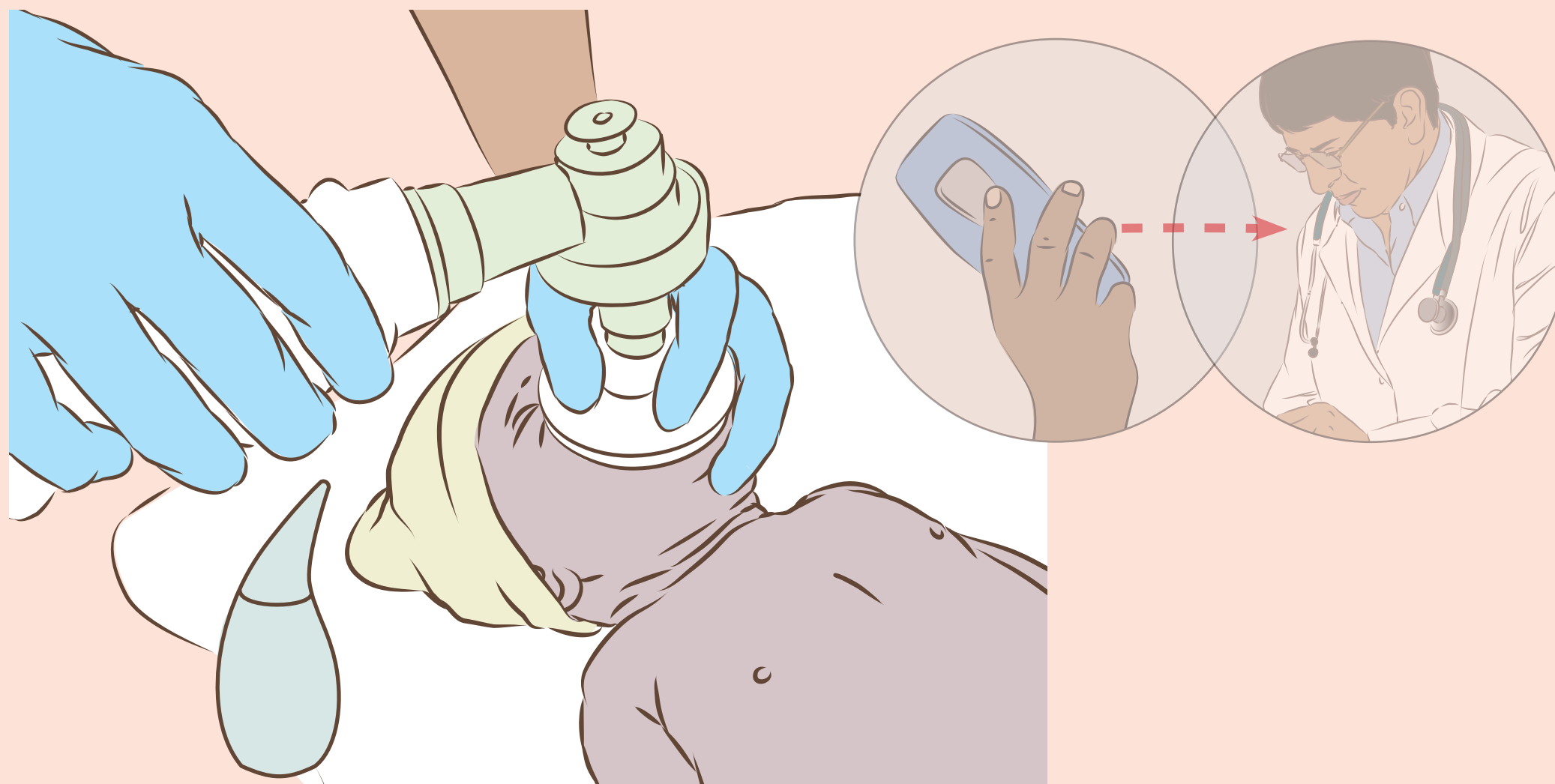
# Is the heart rate normal or slow?

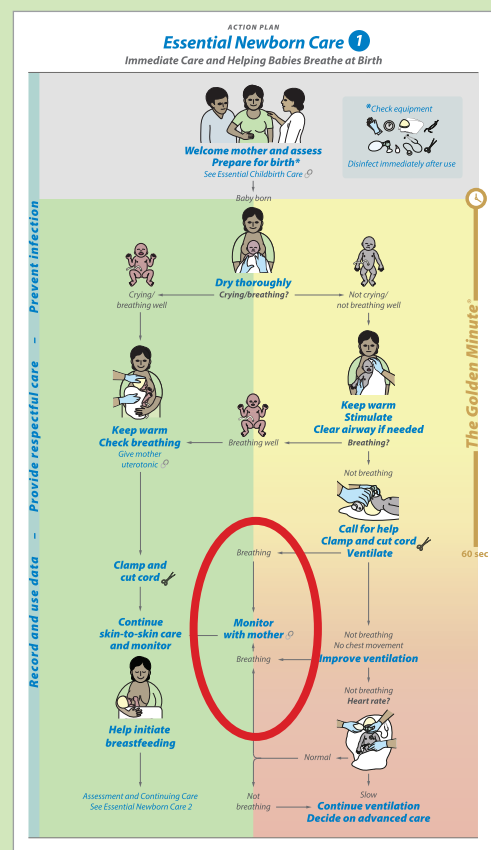




*If the baby is not breathing*

**Continue ventilation,  
evaluate heart rate and breathing  
and decide on advanced care**





If the baby responded to ventilation

# Monitor with mother





# *Make changes to improve care*

